DO:
✓ Make sure you can breathe through it
✓ Wear it whenever going out in public
✓ Make sure it covers your nose and mouth
✓ Wash after using

DON’T:
✗ Use on children under age 2
✗ Use surgical masks or other personal protective equipment (PPE) intended for health care workers

How to Wear a Cloth Face Covering
Cloth face coverings should:
• fit snugly but comfortably against the side of the face
• be secured with ties or ear loops
• include multiple layers of fabric
• allow for breathing without restriction
• be able to be laundered and machine dried without damage or change to shape