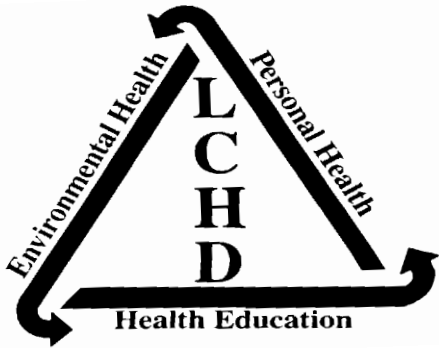


MEDIA RELEASE



Date: April 8, 2020
To: All Media
From: LaSalle County Health Department
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For Immediate Release

“Social Distancing during Holidays”

COVID-19 is spreading throughout LaSalle County, for this reason practicing social distancing is very important in the coming weeks ahead. All LaSalle County residents are strongly encouraged to adhere to all of the required precautions necessary to protect their families and the community, to slow the spread of COVID-19.

With religious commemorations right around the corner it is important to stay committed to social distancing and avoid in-person gatherings. Many religious groups in LaSalle County have found ways to offer ongoing support and fellowship through innovative alternatives to mass gatherings.

While the way we celebrate traditions may be different this year, know that you are not alone. This is a challenging time, and while we all come from different backgrounds, faiths and walks of life, we are uniquely bonded by this shared experience. Please be sure to take advantage of ways to stay safe in your worship through the following:

- Check your place of worship's website, Facebook, and other online platforms for virtual services.
- Celebrate with family via video chat. EX. Google Hangouts, Go To Meeting, Zoom
- Cook traditional foods at home to enjoy the familiar tastes and smells of the holiday.
- Consider a smaller celebration with your immediate family now, and hold a larger celebration when the pandemic is over.
- If you are setting up remote worship, make sure to communicate with your community on how to get connected.

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